

THE HIGH-ASSET TRANSITION & STABILISATION FRAMEWORK

HATSTM

A psychologically informed approach to high-stakes relationship breakdown, identity transition and building an independent next chapter.

● PSYCHOLOGY ● BEHAVIOUR ● CLARITY ● AGENCY

When personal change becomes high-stakes

Separation and divorce can be psychologically demanding at any stage of life. When it occurs within a high-value relationship, later in life, or alongside significant professional responsibility, the complexity can be considerably greater.

There may be substantial assets, complex financial structures, family considerations, professional reputations, competing advisers and emotionally charged negotiations — all unfolding while the individual is experiencing profound personal change.

For accomplished people accustomed to being capable, strategic and in control, this can create a particularly challenging psychological environment.

HATS was developed for that environment. It provides a structured psychological and behavioural process designed to help clients move from reactivity and uncertainty towards clarity, composure, personal agency and a coherent vision for what comes next.

THE HATS PRINCIPLE

The objective is not simply to help someone get through a separation. It is to help them emerge with greater clarity, behavioural autonomy and the psychological foundations from which to build what comes next.

Who HATS is for

- High-net-worth individuals experiencing separation or divorce.
- Executives and business owners navigating major relationship transitions.
- Individuals rebuilding identity and lifestyle after a long-term relationship.
- Clients who need to remain psychologically composed during complex negotiations and difficult interactions.
- Accomplished people who want a structured, psychologically informed approach to designing their next chapter.

Create a coherent vision for what comes next.

Make the change sustainable beyond the immediate crisis.

A discreet, psychologically informed approach

HATS sits alongside legal, financial and clinical professionals where those services are required. Its purpose is to address the psychological and behavioural dimension of transition — helping the individual remain clear, grounded and intentional while navigating everything else.

The next chapter is not an afterthought. It is something you can **deliberately design.**



YOUR NEXT STEP

Let's talk about what comes next.

A fuller explanation of how HATS works, and how it is implemented around your circumstances, is shared in a confidential discovery call.

There is no obligation. It is simply a private conversation to understand where you are and whether this approach is right for you.

BOOK A CONFIDENTIAL DISCOVERY CALL

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